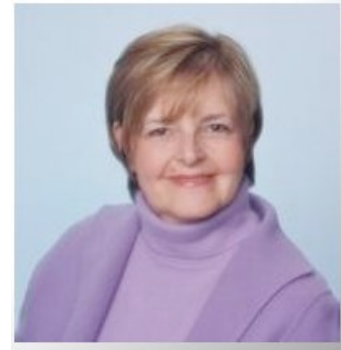


Circle of Life Certification Program

Nurse and Health Care Provider Health and Wellness Training



Rebecca McLean, Author,
Coach and Trainer of the
Circle of Life System



Joyce Dillon, RN, M.N.,
Certified Health and Wellness
Coach and Trainer

April 19-22, 2007
Atlanta Botanical Garden
Atlanta, Georgia 30309

www.atlantabotanicalgarden.org

For more information on registration, lodging, meals and payment options, please contact Joyce Dillon.

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Healthy Living and Balance
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About the Trainer, Joyce Dillon, RN, MN, Certified Circle of Life, Health and Wellness Coach and Trainer.

Joyce Dillon, RN, M.N is a certified coach specializing in work-life balance and health coaching and CEO of Healthy Living and Balance, a Health and Wellness company based in Atlanta, Georgia. Joyce combines a Masters Degree of Psychiatric Mental Health Nursing Consultation and Education with twenty-five years of clinical experience and has

extensive training in coaching, mind-body medicine, meditation, energy medicine and transformational work. She recently launched, retreats for women in Costa Rica.

Our program begins Thursday evening, April 19th and ends mid-day Sunday April 22. The program will be held at the beautiful Atlanta Botanical Garden, in midtown Atlanta, in walking distance from your hotel and restaurants. Atlanta is truly spectacular in the spring with everything in bloom.

Who should attend:

- Nurses and Nurse Practitioners
- Physicians and Physicians Assistants
- Registered Dietitians and Nutritionists
- Social Works and Physical Therapist
- Other Health Professionals



Why you should attend:

Cheryl Richardson, master certified coach, author of “Take Time For Your Life”, seen on Oprah, syndicated writer and radio host, states that “The next big trend in coaching is health and wellness”-working in partnership with physicians, clinics, wellness programs, and corporations. **Research from Duke University revealed that Health and Wellness Coaching encourages patients to become more active in their own health and wellness, and therefore more successful in maintaining healthy lifestyle changes.**

Paul Zane Pelzer, world-renowned Economic Forecaster and author of The Wellness Revolution: How to Make a Fortune in the Next Trillion Dollar Industry, states **currently the US spends 2% or 2 billion dollars on wellness products and services. It is predicted that in 5 years that number will be 10% or 1Trillion dollars.**

Registration Information:

Tuition: \$997.00 (early registration discount for paid registration by January 19, 2006. This is a **\$300.00 reduction in cost**. On January 20, 2007 tuition is **\$1,200.00** until February 28 and thereafter **\$1,300.00**. After this training The Circle of Life Training will be increased for the remainder of the year. **This is a great opportunity to receive this certification at this time.**



**Payment Options:**

We have online, secured credit card payment with Master Card and Visa. Payment options are available with deposit.

Included in Training:

Thursday night dinner, snacks, training materials and manual.

Lodging and meals available in walking distance from the Atlanta Botanical Garden.

See www.Healthylivingandbalance.com for practitioner training information.

For all information call Joyce Dillon at 404-881-1322 or e-mail to jjdillon@mindspring.com.

CEU'S pending. Credits: 30 International Coaching Federation (ICF) credit hours are available for an additional \$300.00. This accreditation will be processed through the Institute for Life Coach Training.

Program Description

A comprehensive, nationally prominent, and holistic, mind/body wellness and health coaching program, designed for health group coaching and individual health/wellness coaching. Effective with diverse populations of people who want to regain health, prevent disease, and improve the quality of their lives with the aid of Health and Wellness Coaching.

Value of Program

The Circle of Life is being successfully utilized both nationally in multiple contexts including hospitals, medical practices, government and non-profit agencies, schools, universities, churches, alternative and complementary healthcare clinics, and in mind/body health and wellness support groups.

Learning Objectives:

1. Understand how to use the “coaching” process for health and wellness work.
2. Utilize the Circle of Life Assessment to clarify goals and steps for success.
3. Develop operational understandings of key wellness coaching concepts such as readiness for change, blue print for life plan and mind-body self healing techniques.

