

Circle of Life Coaching Web Resources

Circle of Life Coach Tools Page - Coach Resources

<http://www.healthandwellnesscoaching.org/tools/>

- Ordering Materials
- Certification Information
- Blank Circle of Life Forms/ Worksheets
- Marketing Ideas
- Scripts for Visualizations
- Coaching Questions
- Circle Graphics for Brochures and Fliers
- PowerPoint Presentations
- Coach Notes and Resources
- Coaching Questions
- Circle of Life Research
- Mind-Body Self Care Practices
- Chapters About Coaching
- Link to Audio Recordings
- Other Additional Resources

Circle of Life MP3 Files - Recordings

<http://www.healthandwellnesscoaching.org/tools/13Audio/index.htm>

- Gold Section (Certification Requirements)
- Marketing the Circle of Life
- Coach Mentor Calls

Circle of Life Coaching - Email Instructions and Format Options

<http://www.healthandwellnesscoaching.org/formats/>

User Name = options

Password = selfcare

- Email Packages that include: Directions on how to fill out the Circle Assessment, the Readiness for Change Assessment, and the Blueprint for Change. This is used when you want clients to fill out forms before coaching sessions.
- Digital copy of retreats and other coaching format options (Also found in Coach Training Manual)

Notes: