

CIRCLE OF LIFE PHONE or SCREENING SCRIPT

Hi _____! This is _____, with The Circle of Life. As I explained to you earlier, we touch base with every potential Circle of Life Group participant in an effort to be sure that Circle of Life is a good fit for everyone. I have a list of questions that I use in each phone interview that help clarify expectations, needs, interests etc. Do you have any questions of me before we start? If not, why don't I just begin with the questions, which will hopefully generate some good thought and discussion.

- 1) What is your understanding of the Circle of Life process?
- 2) What interests you about The Circle of Life?
- 3) Do you understand that Circle of Life is a life / health coaching support group and not therapy?
- 4) Have you ever been in a support- or work-group before?
- 5) What was that experience like?
- 6) What is your understanding of the difference between a support group and a therapy group?
- 7) What resources do you have if upsetting thoughts, feelings, or memories come up in the process of assessing your life?
- 8) What is the most important goal in your life right now?
- 9) How do you see Circle of Life helping with that?
- 10) What is the most positive thing in your life right now?
- 11) Without going into detail, please name or list your greatest challenge/s right now.
- 12) What expectations do you bring to The Circle of Life?
- 13) Do you understand the importance of committing to attending all sessions and on time?
- 14) Have you in the recent past (within the last 3 years) or are you now currently being treated for a medical or mental health condition? If yes, please describe treatment and medication, and the health care professionals you are working with.
- 15) How did you find out about the Circle of Life? Were you referred? By whom?